

RESEARCH ARTICLE

***In vitro* regeneration of shoots from *Garcinia quaesita* leaf explants**

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Abstract: *Garcinia quaesita* is an economically valuable plant, which has a huge demand in the local as well as the export market. Lack of good quality products throughout the year coupled with the unavailability of quality planting material is a major drawback in the cultivation of *G. quaesita*. Thus, in the present study large scale multiplication of *G. quaesita* using tissue culture techniques was investigated. Leaves and nodal segments were obtained from plants maintained under green house conditions. The effect of benzylaminopurine (BAP) and naphthalene acetic acid (NAA) on shoot initiation from leaf explants and the effect of BAP on proliferation of nodal segments were investigated. The effect of indole-3-butyric acid (IBA) and NAA on rooting of micropropagated shoots was also studied.

Shoots were successfully initiated by culturing *in vitro* grown leaves and immature leaves from greenhouse grown plants on Murashige and Skoog (MS) medium supplemented with 5.0 or 10.0 mg L⁻¹ BAP in complete darkness. Within 24 weeks, 9–12 shoots could be produced from a single leaf explant (10 mm x 10 mm). Further growth of *G. quaesita* nodal explants could be achieved by culturing on MS medium supplemented with 20.0 mg L⁻¹ BAP. Rooting could not be achieved on MS medium supplemented either with IBA (1.0, 5.0, 10.0 mg L⁻¹) or NAA (1.0, 5.0, 10.0 mg L⁻¹).

Keywords: *Garcinia quaesita*, micropropagation, shoot induction.

INTRODUCTION

Garcinia quaesita Pierre, which belongs to the family *Clusiaceae*, is an evergreen lactiferous tropical tree. It produces yellowish pumpkin shaped, medium sized fruits¹. It is grown in many parts of the South and South-East Asia and western side of the Indian peninsula². *G. quaesita* is commonly known as brindle berry, Malabar

tamarind (English) and was earlier known as *G. cambogia*, *G. gummi-guta* (L.), *Cambogia gummi-guta* L. and *G. gutta* L.³. Two *Garcinia* ('Goraka') species are found in India and Sri Lanka, the fruits of which are used for culinary purposes. *G. quaesita* Pierre (red fruited) is native to India while *G. zeylanica* Roxb (yellow fruited) is native to Sri Lanka.

G. quaesita Pierre is an economically valuable species. The fruit is used as a spice/condiment and in indigenous medicine. Hydroxycitric acid (HCA) is the primary acid found in its fruit and rind. In Indian folk tradition, *G. quaesita* has been prescribed for ailments such as rheumatism and bowel complaints. The rind and extracts are often used as ingredients in Sri Lankan curry dishes and as a condiment. Both *G. quaesita* and extracted HCA are widely available in North-America as a component in many commercial dietary supplements. It is also valued for its industrial use, as the dried rind is used for polishing gold and silver and also in the coagulation of rubber latex. The wood is used for posts, cheap boxes and split and the latex is used for painting and dyeing.

Although the fruits of this tree has a huge demand in the local as well as in the export markets, it has not been planted on a large scale, and the *Garcinia* products come to the market only through collection from the forests and home gardens. Lack of availability of reliable good quality products throughout the year is the major constraint for developing the *Garcinia* industry.

At present, *G. quaesita* is propagated totally by seeds. However, low germination percentage, recalcitrant nature of the seeds, seasonal flowering behaviour and the dioecious nature of the tree, as well as the long

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juvenile period of the seedling plants limit propagation by seeds. Conventional vegetative propagation methods such as budding, grafting and layering have been tried for *G. quaesita*. However, the use of conventional methods in improving desired quality characters and in mass propagation is both time and labour consuming. The culture of isolated plant cells, tissues and organs in a sterile environment is a potentially useful tool in horticultural investigations. Rapid clonal multiplication of desired plant types is one of many applications of plant tissue culture which can also act as a tool for quality enhancement. Therefore, micropropagation techniques can be used to overcome the above-mentioned problems in the propagation and quality improvement of *Garcinia*.

Although there is no evidence of successful studies on micropropagation of *G. quaesita*, techniques have been developed for closely related species such as Mangosteen (*G. mangostana* L.)⁴⁻⁸ and *G. indica*^{9,10}. Regeneration of *G. mangostana* by culturing leaves has been achieved on woody plant medium enriched with 20.0 μM BAP⁵. Moreover, leaves from field-grown seedlings produced an average of 45 shoot buds per leaf after 50 days of culture⁵, compared with 8 shoot buds per leaf from *in vitro* shoots. Furthermore, 5.0 mg L⁻¹ of BAP was reported as the optimal level for shoot bud development from *G. mangostana* seedling leaf explants⁵. At concentrations above 5.0 mg L⁻¹ BAP, shoot buds produced were clustered and stunted.

Taking all these into consideration, the production of clonal plants of *G. quaesita* via axillary shoot formation using nodal explants and direct and indirect shoot bud regeneration using leaf cultures was investigated. In preliminary studies nodal explants collected from field grown elite trees were used¹¹. However, cultures could not be established successfully due to very high microbial growth. Therefore, it was decided to develop the technique first using explants collected from *in vitro* and greenhouse grown seedlings.

Furthermore, in the preliminary studies the combined effect of Benzylaminopurine (BAP) (0.0 – 5.0 mg L⁻¹) and Naphthelene acetic acid (NAA) or Indole-3-butyric acid (IBA) (0.0 – 1.0 mg L⁻¹) on callus initiation from *G. quaesita* leaf explants was investigated and a higher percentage (80%) of good calli production was observed in the Murashige & Skoog (MS) medium supplemented with 1.0 mg L⁻¹ BAP and 0.5 mg L⁻¹ NAA^{11,12}.

Thus, in the present study shoot bud regeneration from leaf explants and multiplication of nodal segments were investigated. Explants were obtained from both

in vitro and greenhouse grown plants and cultured on MS medium supplemented with different levels of BAP and a combination of BAP and NAA. Shoot proliferation from nodal explants was investigated on MS medium supplemented with different levels of BAP.

METHODS AND MATERIALS

Source of explants: Shoot bud regeneration from leaf and nodal explants was investigated separately on leaves obtained from the shoots of *in vitro* grown seedlings and greenhouse grown (*in vivo*), 2-3 year-old seedlings.

Sterilization: Leaves and nodal segments from *in vitro* grown seedlings were sterilized by shaking with 5.0 % bleach (Clorox, FFM Marketing) for 5 min followed by rinsing thrice with sterile distilled water.

Leaves taken from greenhouse grown plants were rinsed thoroughly with liquid soap (Teepol, Lankem) several times followed by final rinsing in tap water. The leaves were dipped in a 0.1% Ridomil solution for 2 h and brought into the lamina flow cabinet. It was then sterilized by shaking with 10.0% bleach (sodium hypochlorite) for 10 min with 2-3 drops of a surfactant (Tween 20-Polyoxyethelene sorbitan monolaurate) followed by rinsing with sterile water and again shaking with 10.0% bleach alone for 10 min. Then the leaves were thoroughly washed thrice with sterile distilled water and dipped in 0.2 % streptomycin for 1 h.

Nodal segments obtained from the greenhouse grown plants were also sterilized by using the same procedure for leaf explants. However, the contamination rate was high. Therefore, it was decided to shake nodal segments in 0.5 % HgCl₂ for 3 min before dipping in streptomycin for 1 h to reduce contamination.

Shoot bud regeneration from leaf explants of G. quaesita: Approximately 1 cm² sized pieces of the leaf lamina were excised from the leaves, with each piece including a portion of the main vein. They were placed on MS medium¹³ supplemented with 3 different levels of BAP (2.0, 5.0, 10.0 mg L⁻¹) and 1.0 mg L⁻¹ BAP combined with 0.5 mg L⁻¹ NAA.

Leaves were placed in such a way, that the abaxial side (underside) of the leaf explant could touch the medium. The cultures were incubated at 25°C, under complete darkness and subcultured after 8 wks to the same media. Visual observations were made weekly and the formation of shoots or callus was recorded at the time of subculturing. For the analysis of data, level of callus formation was recorded using a scale of 0-3

(0: no response, 1: callus just detected, 2: medium callus formation, 3: high callus formation). The callus initiated was isolated and transferred to MS medium containing 5.0 mg L⁻¹ BAP for shoot regeneration.

Once the shoots were differentiated into stem and bud/leaf, they were gradually transferred to light and continuously incubated under light (16/8 h at 1000 lux) at 25±1°C.

Shoot proliferation of G. quaesita from nodal explants: Nodal segments were isolated from the sterilized shoots and were cultured upright on MS medium supplemented with 5.0, 10.0 and 20.0 mg L⁻¹ BAP separately.

The cultures were incubated at 16 h/8 h light/dark, 1000 lux at 25±1°C and formation of shoots was recorded at weekly intervals. These cultures were subcultured at 8 wk intervals to the same medium.

Effect of NAA, IBA and sucrose on rooting of micropropagated plantlets: The production of roots in shoots obtained from leaf explants and nodal segments was examined on MS and half MS medium supplemented with sucrose at different concentrations (3% and 5%) with 3 different levels (1.0, 5.0, 10.0 mg L⁻¹) of IBA or NAA.

Data analysis: In each experiment, each treatment consisted of 25 culture tubes and was replicated thrice. Results of callus production were analyzed using Kruskal-Wallis and Friedmann Tests in Minitab 14 statistical package. Shoot production values, response and survival rates were analyzed using ANOVA and CATMOD procedures in SAS 9.1 statistical package.

RESULTS

Shoot bud regeneration from leaf explants of *G. quaesita*

Irrespective of the origin (*in vitro*/greenhouse) and the maturity of the explant, MS medium supplemented with 1.0 mgL⁻¹ BAP and 0.5 mgL⁻¹ NAA produced significantly ($\alpha=0.05$) more calli compared to the rest of the media compositions (Table 1). Furthermore, immature leaf explants obtained from greenhouse grown seedlings and *in vitro* seedlings produced more calli ($\alpha=0.05$) compared to the mature leaves on this medium. *In vitro* grown leaves produced no calli on the medium supplemented with 10 mg L⁻¹ BAP.

Direct shoot bud regeneration from *in vitro* grown and immature leaf explants was observed on MS medium supplemented with 5.0 and 10.0 mg L⁻¹ BAP

Table 1: Effect of growth regulator concentration, origin and maturity of the tissues on callusing and shoot bud regeneration from leaf explants of *G. quaesita* at 24 weeks after culturing

Type of leaves	Growth regulator concentration mg L ⁻¹	Initiation of callus		Shoot bud regeneration	
		Average score (out of 3) ± SE	Percentage of explants producing calli (%)	Average number of shoots per explant	Percentage of explants producing shoots buds
<i>In vitro</i> leaves	1 BAP + 0.5NAA	2.44 ± 0.86	90.00	0.00	0.00
	2 BAP	1.07 ± 0.27	74.00	0.00	0.00
	5 BAP	1.00 ± 0.00	53.00	6.50 ± 1.50	14.00
	10 BAP	0.00	0.00	9.00 ± 2.50	30.00
Mature leaves from greenhouse plants	1 BAP + 0.5NAA	1.33 ± 0.52	55.00	0.00	0.00
	2 BAP	0.00	0.00	0.00	0.00
	5 BAP	1.00 ± 0.12	25.00	0.00	0.00
	10 BAP	2.00 ± 0.25	22.00	0.00	0.00
Immature leaves from greenhouse plants	1 BAP + 0.5NAA	2.51 ± 0.75	100.00	0.00	0.00
	2 BAP	1.17 ± 0.39	80.00	0.00	0.00
	5 BAP	1.50 ± 0.50	40.00	8.00 ± 2.50	30.00
	10 BAP	1.00 ± 0.00	20.00	12.17 ± 5.50	70.00

Table 2: Shoot proliferation from *in vitro* nodal segments of *G. quaesita* on MS medium supplemented with different BAP concentrations

BAP concentration mg L ⁻¹ BAP	Average no. of new shoots per explant			Percentage of explants responded (%)
	After 8 weeks	After 16 weeks	After 24 weeks	
5.00	0.00 ± 0.00	1.00 ± 0.00	1.00 ± 0.00	12.50
10.00	1.00 ± 0.00	1.00 ± 0.00	1.00 ± 0.00	36.00
20.00	1.00 ± 0.00	1.00 ± 0.00	1.75 ± 0.50	78.00

[Figure 1(i)]. Furthermore, the average number (9–12) of shoot buds produced on the medium supplemented with 10.0 mg L⁻¹ BAP was significantly higher ($\alpha=0.05$) than that (6–8) of the medium supplemented with 5.0 mg L⁻¹ BAP (Table 1). The media supplemented with 2.0 mg L⁻¹ BAP and 1.0 mg L⁻¹ BAP+ 0.5 mg L⁻¹ NAA did not produce any shoot buds even 48 weeks (results are given only for 24 weeks) after culturing of leaf explants. The mature leaf explants produced only callus but there was no shoot bud regeneration (Table 1).

The initiated calli, transferred to the MS medium supplemented with 5.0 mg L⁻¹ BAP also produced shoots [Figure 1(v)] showing the possibility of indirect organogenesis of *G. quaesita*, which will be useful in crop improvement programmes.

Shoot proliferation from nodal explants of *G. quaesita*

Shoot elongation and proliferation from *in vitro* nodal explants were observed on 20.0 mg L⁻¹ BAP supplemented medium and they produced an average of 1.75 ± 0.50 shoots per explant. These results were observed from 78 % of the total cultures after 24 weeks (Table 2).

In agreement with the results observed for nodal explants obtained from *in vitro* seedlings, the highest percentage of shoot development in nodal explants obtained from greenhouse grown plants (*in vivo* seedlings) was also observed in the medium supplemented with 20.0 mg L⁻¹ BAP (results not given). However, nodal segments obtained from greenhouse grown plants showed a very high contamination rate even 16 weeks after establishment. Thus, it was very difficult to establish nodal cultures from the explants taken from greenhouse grown plants.

Effect of NAA, IBA and sucrose on rooting

None of the micropropagated shoots produced any roots either on full or half strength MS medium supplemented either with NAA (1.0, 5.0, 10.0 mg L⁻¹) or IBA (1.0, 5.0, 10.0 mg L⁻¹) at two different concentrations (3 and 5%) of sucrose.

DISCUSSION

In vitro explants are more reliable in preventing plant-borne contaminations during *in vitro* studies¹⁴. Therefore, in the present study leaves and nodes from *in vitro* grown seedlings were utilized. However, the leaf explants taken from the greenhouse grown plants also showed negligible rate of contamination, whereas the survival rate (95%) was not significantly different from explants obtained from *in vitro* grown seedlings (96.67%). In contrast to leaf cultures, the survival rate of the nodal cultures from the *in vitro* explants was higher (100%) than the nodal cultures of greenhouse grown plants. Therefore, use of *in vitro* explants was worthwhile with respect to nodal cultures, where reducing contamination is challenging.

In the present study a higher average of 12 shoots per leaf explant was obtained after 24 weeks of culture from immature leaves obtained from greenhouse grown seedlings (Table 1) and a lower average of 9 shoots per explant was obtained from *in vitro* leaves (Table 1), which is on par with the results of previous studies⁶. Irrespective of the type of explant used, age plays a critical role in determining the response of *in vitro* cultures. Older tissues produce either root forming or non regenerable calli¹⁵. In agreement with the above observation, the present study also showed that immature and mature leaves performed differently with regard to induction of callus and shoot regeneration. This work showed that the immature leaves were better in shoot bud induction as well as for callus initiation (Table 1). Physiological and ontogenic state of the explant is known to affect the shoot organogenic capacity⁵. Loss of competence of mature explants has been attributed to progressive specialization of the tissue, which reduces the plasticity and capability of the cells to dedifferentiate¹⁶. The age of leaves obtained even from mature plants had been used successfully^{17,18}. Thus, it may be possible that once a suitable sterilization procedure is developed these steps can successfully be applied to young leaves taken from field grown trees. However, the physiological state of the plant from which the explant is taken should be considered.

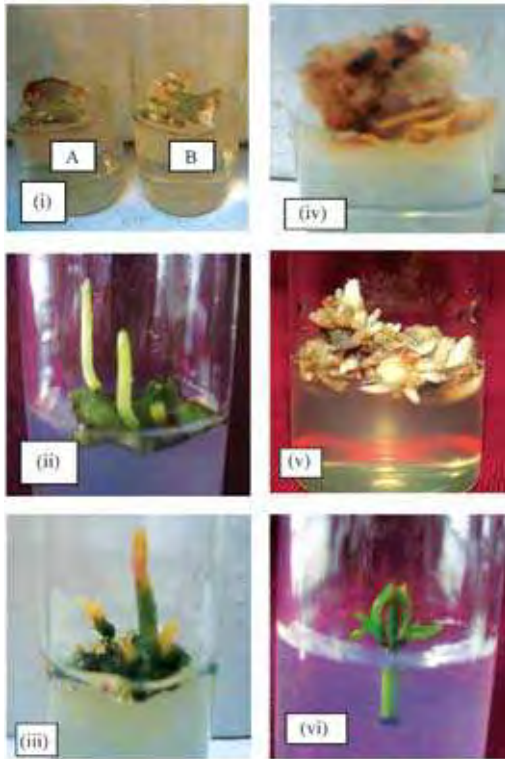


Figure 1: In vitro cultures of *G. quaesita* (i) Shoot initiation from leaf explants cultured on MS medium supplemented with 5 (A) and 10 (B) mg L⁻¹ BAP, (ii & iii) bud and leaf formation from shoots, (iv) callus initiation from leaf explants cultured on MS medium supplemented with 1 mg L⁻¹ BAP and 0.5 mg L⁻¹ NAA (v) shoot formation from calli on MS medium supplemented with 5 mg L⁻¹ BAP (vi) elongation of nodal explant on MS medium supplemented with 20 mg L⁻¹ BAP.

The developmental age of the leaf in comparison to other leaves, and the position of the leaf from where the explants are excised could determine the *in vitro* response. Leaf sections obtained from the basal portions of the youngest leaves are the best for regeneration compared to the sections taken away from the leaf base¹⁷. *G. quaesita* leaves are linear in shape and there is much variation in the position of the explant from the leaf base. Therefore, in future, this factor too may be considered in reducing variation of performance within the same treatment.

A wound response in the presence of BAP at the time of culture was found to be essential for shoot bud induction in *G. mangostana*⁶. In contrast, in the present study shoots were formed not only from the cut edges, but also from the surface of the leaf explants [Figure 1(i)].

Dosage of the cytokinin in the culture medium is known to be critical for shoot regeneration. In many studies, BAP was found to be more potent compared

to other cytokinins in shoot formation¹⁹. Superiority of BAP for shoot induction may be attributed to the ability of plant tissues to metabolize BAP more readily than other synthetic growth regulators or to the ability of BAP to induce production of natural hormones such as zeatin within the tissue¹⁹. The effect of BAP in inducing multiple shoots has also been reported in *G. mangostana*^{5,7}.

Shoots from *G. mangostana* leaf explants have been regenerated on a medium supplemented with 20 μM BAP and further growth of regenerated shoots was obtained on a medium containing 5 μM BAP⁶. This factor can be considered in further studies since in the present study the regenerated shoots were continuously maintained in the same media composition, where the growth rate was very low.

Incorporation of NAA in the medium has shown a deleterious effect on shoot bud formation and encouraged callus formation in *G. indica*⁹. A similar effect of NAA is also reported in *G. mangostana*^{7,8}. On the contrary, a positive effect of NAA in morphogenetic responses of *G. indica* seeds has also been reported¹⁰. However, in the present study, the results on *G. quaesita* was in agreement with that of a previous study⁹ where callus formation was enhanced by addition of NAA to the medium. The variable response of different species to auxin supplemented media may be due to different endogenous levels of auxins. Inhibition of shoot formation may be due to the action of auxins accumulated in the explants²⁰.

Direct regeneration helps in clonal propagation, whereas indirect regeneration through the intermediate phase of callus or undifferentiated cells could act as a source of variation for crop improvement. Therefore, regeneration of shoots from both direct and indirect pathways in this study would be of much use in applying these protocols according to requirement, depending on whether the aim is clonal propagation or creating new phenotypes through variation.

In the present study, a higher percentage of nodes grown on MS medium supplemented with 20 mg L⁻¹ BAP showed elongation and further growth of shoots compared to the other media supplemented with 5 and 10 mg L⁻¹ BAP (Table 2). Furthermore, production of new shoots from nodal segments occurred only in 20 mg L⁻¹ BAP supplemented medium. The dosage of the cytokinin in the culture medium is critical not only for shoot organogenesis, but also for the elongation of the shoots. Increase in BAP concentration beyond the optimal levels led to a decrease in shoot length and aggregation of shoot buds^{4,9}. Exposure of explants to higher BAP concentrations during induction phase may lead to accumulation of cytokinins, which inhibits further shoot growth. This decrease in shoot length and aggregation of

shoot buds can be overcome by incorporating charcoal into the culture medium²¹. Elongation of the induced shoots from seed segments of *G. indica* has been achieved on the MS basal medium containing 0.2 % activated charcoal⁹.

It is reported that in some *Garcinia* species IBA has induced longer and thinner roots in a higher number of explants compared to thick stunted roots produced on NAA supplemented media^{5,9}. Rooting of *G. mangostana* shoots has been induced with 1 mg L⁻¹ IBA when the shoots reached a height of 10–15 mm and were established in a vermiculite/sand mix in pots^{5,6}. Shoots from leaves of seedlings and mature mangosteen trees, measuring more than 2 cm when rooted with an acute auxin treatment and plantlets derived from seedling leaf explants have been successfully acclimatized and established in soil^{5,6}. However, in the present study, rooting of micropropagated shoots could not be achieved either with IBA or NAA at 3% or 5% sucrose concentration both in MS and half MS media. The higher concentrations of NAA (10 mg L⁻¹) were toxic to the growth of shoots. Thus, further research is needed to find out a suitable treatment for induction of roots in micropropagated shoots of *G. quaesita*.

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